

RVRN-100 Elk Family Camp Program
April 20-25
Activity Explanations
(Activities with an * are new this year!)

Activity	Description	What to wear	Activity location
Archery	Have fun with some good ol' fashioned target practice.	Warm layers, water-proof outer layer (weather-dependent)	Hubbell Field
Arts and crafts	Tune into your creative side have fun with a variety of arts and crafts projects	Comfortable clothes	Valerie Lodge
Bible Lesson discussions	Adapted Bible Lesson reading and discussions	Comfortable clothes	Valerie Lodge
Canoeing	Enjoy the views from the canoe on Round Up Lake	Warm layers, water-proof outer layer (weather-dependent)	Round Up Lake
Ceramics	Led by local artist, choose a project to paint, then the projects to be set in a kiln, and brought back to camp for participants to take home	Comfortable clothes that may get paint on them	Valerie Lodge
*Chipmunk Feeding	You won't believe these friendly little creatures! They will surround you with love as they eat right from your hands.	Warm layers, water-proof outer layer (weather-dependent)	St. Elmo
Cooking	Join Chef Matthew in a culinary experience. Food made will be incorporated into the meals for the whole group.	Comfortable clothes	Valerie Kitchen
Goat Farm	Explore the local goat farm. Participants tour the outside dairy farm and then come inside to see where they milk the goats and make the cheese. A snack will be provided and the country store will be open if you would like to purchase a wide-variety of products.	Warm layers, water-proof outer layer (weather-dependent)	Jumpin Good Goat Dairy
High ropes course	Come play in high ropes challenge elements led by certified instructors.	Comfortable clothes	South Woods
Horeback riding	Interact with the horses in a therapeutic riding experience.	Jeans, comfortable layers, water-proof outer layer	Corral
*Hot springs	Very popular in this mountain region - come relax in one of the regions hot springs. A variety of options are available from outdoor hot springs to an indoor hot springs pool.	Bathing suit, towel, and warm layers to change back into	Locations will vary
Humane Society	A visit to the local humane society where participants will make do-it-yourself cat toys and then have time to play with the furry little ones.	Comfortable clothes	Ark-Valley Humane Society
Indoor "campfire"	Sing, dance, and be joyful around the fireplace.	Comfortable clothes	Valerie Lodge
*Leadville - Historic mining town	Located at the foot of two of Colorado's highest peaks – Mt. Elbert and Mt. Massive, Leadville is one of America's last remaining authentic mining towns. Self-described as quaint and absolutely original, Leadville has been designated as a National Historic Landmark District.	Warm layers, water-proof outer layer (weather-dependent)	Leadville, CO
Lodge and lawn games	A variety of puzzles and games are offered in the coxy lodge and outside weather-permitting.	Comfortable clothes. Warm layers if playing outside	Valerie Lodge and Lawn
*Mini-Blessings Farm	Healing and inspiring activities with mini horses)	Warm layers, hiking boots or a good pair of gym shoes, water-proof outer layer (weather-dependent)	Mini-Blessings Farm
Music class	Music, movement, art, banjo playing with local musicians	Comfortable clothes	Valerie Lodge
*New evening programs	Theme-based nights like "Carnival, movies, and indoor bowling" to name a few!	Comfortable clothes	Locations may vary

Parent/caretaker gatherings	An opportunity for parents and caretakers to commune and collaborate while their loved ones engage in a different activity supported by other chaperones and staff.	Comfortable clothes	Aspen Grove
Photoshoot	An opportunity for groups and families to have their pictures taken.	Comfortable clothes	Various Locations
Practitioner talk	A Christian Science practitioner will provide words of love and inspiration.	Comfortable clothes	Valerie Lodge
River walk	Buena Vista is located right on the Arkansas River! Participants will walk along the river and learn about its history.	Warm layers, hiking boots or a good pair of gym shoes, water-proof outer layer (weather-dependent)	South Main
Shopping in BV	Main Street is full of charm and local shops and eateries. Get a warm drink or souvenir to remember your time in beautiful Buena Vista.	Comfortable clothes, warm layers, water-proof outer layer	Main Street
Small group hike/nature walks	Enjoy the beautiful surroundings of the AU Ranches	Warm layers, hiking boots or a good pair of gym shoes - waterproof is best	Various locations around the ranches
Square dancing	Grab your partner and dosee do in this whole-group activity.	Comfortable clothes	Valerie Lodge
Theater Games	What better way to laugh and	Comfortable clothes	Valerie Lodge
*Yoga	Stretch, move, and breathe with local yoga guides. Ahhhhh :)	Comfortable clothes	Valerie Lodge or at local yoga studio
Zumba	Local fitness expert will lead the group in a fun aerobic dance experience.	Comfortable clothes, gym shoes	Valerie Lodge